

Jennifer Morris,
M.A. LLPC
Mental Health
Counseling

For those in search of
emotional healing
and self-
improvement

Websites:

<http://www.jennifermorrismentalhealthcounseling.com>

https://therapists.psychologytoday.com/rms/name/Jennifer_Morris_MA_LLPC_Southfield_Michigan_233139

Contact Us

17344 W 12 Mile Rd, Suite 209
Southfield, MI 48076

Call: 248-923-1408

E-mail: jmorrisnhc@gmail.com



**For those in search of emotional
healing and self-improvement**





Providing Mental Health Counseling to Metro- Detroit in Southfield

Call today to take your first
step toward self-
improvement.

About Counseling Services Provided

Do you find yourself wondering how you got to where you are in life? Are you struggling to discover who you are, who you want to be, and how to get others to understand? If you find yourself or a loved one in a similar situation, it may be time to consider reaching out for help. I work closely with my clients to explore how their past shapes their beliefs about themselves. We work together to identify beliefs serving as an obstacle, find new ways of thinking, and develop healthier self-perception in order to facilitate more enjoyment from life.

It is my goal to facilitate a healing therapeutic environment with clients in order to overcome challenges such as: depression, anxiety, trauma, family/relationship problems, grief, identity crises, and transitional periods. Additionally, I provide culturally competent counseling for the following communities: Women, Jewish, LGBTQIA, Latino/as, and African Americans.

My counseling style is meant to encourage a comfortable and non-judgmental environment for personal growth and self-awareness. I have clinical experience working with adolescents, adults and families. If you think you would like a safe space to be heard and gently encouraged, please give me a call.

Client Focus

All Cultural Groups
(Latin@, African American, Asian, Indian, Caucasian, etc.)
Jewish, Christian, Agnostic, Atheist, etc.

Age: 14-35

Bisexual Clients
Gay Clients
Straight Clients
Lesbian Clients
Transgender Clients

Treatment Focus

Depression

Anxiety

Adjustment Disorder

Difficult Life Transitions

Academic Underachievement

Behavioral Issues

Bipolar Disorder

Coping Skills

Cultural Awareness (LGBT, Cultural Minorities)

Identity Crisis

Dual Diagnosis

Trauma and PTSD

Family Conflict

Divorce

Obsessive Compulsive (OCD)

Self-Esteem

Relationship Issues

Contact Us

17344 W 12 Mile Rd, Suite 209

Southfield, MI 48076

Call: 248-923-1408

E-mail: jmorrismhc@gmail.com